Wellness Ambassador Application

Wellness Ambassadors are faculty or staff representatives that carry the messages from UI Wellness to their coworkers. Ambassadors must have enthusiasm, the ability to bring wellness to life at the departmental level, ability to access email and a willingness to share ideas. All Wellness Ambassadors must secure supervisory approval to act in the role. A 30-minute commitment per month is suggested.

Date: ____________________________
Name: ____________________________
Position: ____________________________
ORG #/Name: ____________________________
Building Name: ____________________________ Campus Mail Address: ____________________________
Department #/Name: ____________________________

You will receive approximately one email update per month from UI Wellness; about how many employees will you forward the email to? ____________________________

Supervisor signature ____________________________ Date ____________________________
HR Unit Representative signature ____________________________ Date ____________________________
Applicant signature ____________________________ Date ____________________________

Completed forms should be emailed to uiwellness@uiowa.edu or sent via campus mail to Megan Hammes, UI Wellness, E119 CRWC. Once your application has been reviewed by UI Wellness, you’ll be contacted to review your Roles & Responsibilities as a UI Wellness Ambassador.

Office Use Only
Does Org/Dept/Bldg have a Wellness Ambassador? ____________________________

If so, list here: ____________________________

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<thead>
<tr>
<th>Initials/Date</th>
<th>Comments</th>
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</thead>
<tbody>
<tr>
<td>Initial Contact to review Roles/Resp:</td>
<td></td>
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<tr>
<td>6-m check in contact:</td>
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<tr>
<td>Training review/1-year</td>
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I:/HumanResources/Wellness/Ambassadors/WA-2012 Updates   Last Update 7/26/2012