

Wellness Ambassador Application



Wellness Ambassadors are faculty or staff representatives that carry the messages from UI Wellness to their coworkers. Ambassadors must have enthusiasm, the ability to bring wellness to life at the departmental level, ability to access email and a willingness to share ideas. All Wellness Ambassadors must secure supervisory approval to act in the role. A 30-minute commitment per month is suggested.

Date: _____

Name: _____

Position: _____

ORG #/Name: _____

**Your Org #/Name and Department #/Name is listed in Self Service, My Self Service, University Information, My HR Rep/Workflow Admin/Dept Admin – in 'My Workflow Admin' you will see your Org Unit # and Dept. #*

Building Name: _____ **Campus Mail Address:** _____

Department #/Name: _____

You will receive approximately one email update per month from UI Wellness to share with your department/unit. About how many employees would be included in your email communication?

Does this include just your department or multiple? If multiple, please list department names:

Supervisor Name (please print) _____

Supervisor signature _____ **Date** _____

HR Unit Representative Name (please print) _____

HR Unit Representative signature _____ **Date** _____

Applicant signature _____ **Date** _____

Completed forms should be emailed to livewell@uiowa.edu or sent via campus mail to *UI Wellness, E119 CRWC.*