#### **Jackie Kleppe**

Director, Outreach and Engagement
University of Iowa Health Care
Marketing and Communications

#### **Chuck Long**

CEO and Executive Director of Iowa Sports Foundation

Iowa Football Legend

#### **Megan Hammes**

Director, UI Wellness
University Human Resources





Presentation to UI Staff Council May 13, 2020



### Sponsorship/Partnership

- Annual financial commitment to the Iowa Sports Foundation (ISF)
- 2<sup>nd</sup> year of partnership
- Mutual interest: health and well-being of lowans



- Advertising/Impressions
  - Content experts
  - Community Outreach
    - Content expertise
      - Promote services/providers
      - Statewide reach

Iowa Sports Foundation includes:

Iowa Games, Live Healthy Iowa, Adaptive Sports Iowa, Iowa Senior Games and Iowa Corporate Games

### **Special Guest: Chuck Long**

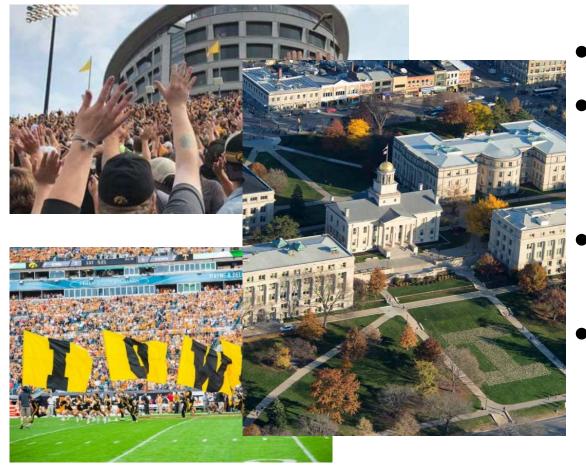






- CEO and Executive Director lowa Sports Foundation
- Consensus All-American quarterback for the Iowa Hawkeyes (1981-85)
- College Football Hall of Fame
- 8 seasons in the NFL
- 16 years collegiate football coaching

### **About the Corridor Corporate Games**



- Company-based competition in ICR
- Supports teamwork, company engagement and pride, employeewellbeing
- Competitive and non-competitive events on evenings and weekends
- Companies earn points through participation and placing in events

corridorcorporategames.org/VirtualChallenge

# Ul Goals for Participation in Corridor Corporate Games

- Employee Engagement
- Health and well-being
- Community Engagement
- Student success



### 2020 Ways to Seize the Cup!

Goal:

Defend our Blood Donation Challenge 1<sup>st</sup> place status from 2019!

#### Goal:

Finish in the top 3 in our division the overall games (4<sup>th</sup> place last year)

### CORRIDOR CORPORATE GAMES

#### Goal:

Engage 500+ faculty/staff

#### **Strategies:**

- Use UI resources and channels to promote participation
  - "Burst Your Thirst" Team Challenge
  - Focus on one non-competitive, "big" event each week
  - Staff Council assist in filling slots for team challenges

#### **Action Needed:**

**UI Staff Council** forward promotion to constituents to participate in blood drives and opportunities

Share promotion throughout your departments

#### **Action Needed:**

Promote 1 non-competitive "big" event weekly for UI Participation (ie: Nature Walk) – June 1 – July 30

**Staff Councilors** to volunteer as "captains" for various events

**Staff councilors** to share event sign up/participation promotion with departments and constituents.

#### **Action Needed:**

UI Staff Council forward promotion to constituents for participation in Burst Your Thirst

Staff Councilors "captains" to fill the teams

**Staff Council** to encourage sign up and participation.





- Participation Points / Check In for Virtual Events
  - Awarded for all events. Instructions and schedule at https://corridorcorporategames.org/VirtualChallenge
- Placing Points
  - Individual & team points for competitive events
- Social Media Challenge

All Participants are encouraged to share photos of your participation in the Virtual Challenge on <u>Facebook</u>, <u>Twitter</u>, and <u>Instagram</u> using #SeizeTheCup. We will enter those who are most active into a drawing for a prize pack of Corporate Games swag!



### How to sign up for Team Challenges

- Create account at CCG using "CCGUOFI"
- Sign up for events you are interested in competing in or can recruit individuals for.
- Team Challenges Posted

Name that Tune Trivia – Zoom Wednesday, June 3 @ 7:00 pm 10 people



https://corridorcorporategames.org/VirtualChallenge



# **Bood Donation Challenge**

- Challenge started May 1<sup>st</sup> and goes to August 15
  - Earn Points: Donate Blood, Platelets, or Plasma
  - Donors specify University of Iowa affiliation at Registration
    - Schedule and appointment: 319-356-2058
    - Online scheduling and info: uihc.org/degowin
    - Email: jessica-hinrichs@uiowa.edu





### Burst Your Thirst Challenge



- June 8-July 17, 2020
- Teams of 2-10 people track activity minutes and water consumption
- FREE to UI faculty/staff (normally \$10 per participant)
  - Company Code: LHIUIOWA
  - Subsidy Code: 20CCG-UIOWA

We need you! Points are awarded to UI based upon the % of total employees participating and recording 5 of 6 weeks! Every team counts.

This is being promoted to our Wellness Ambassador Network. Work with your Wellness Ambassador to get teams from your areas.

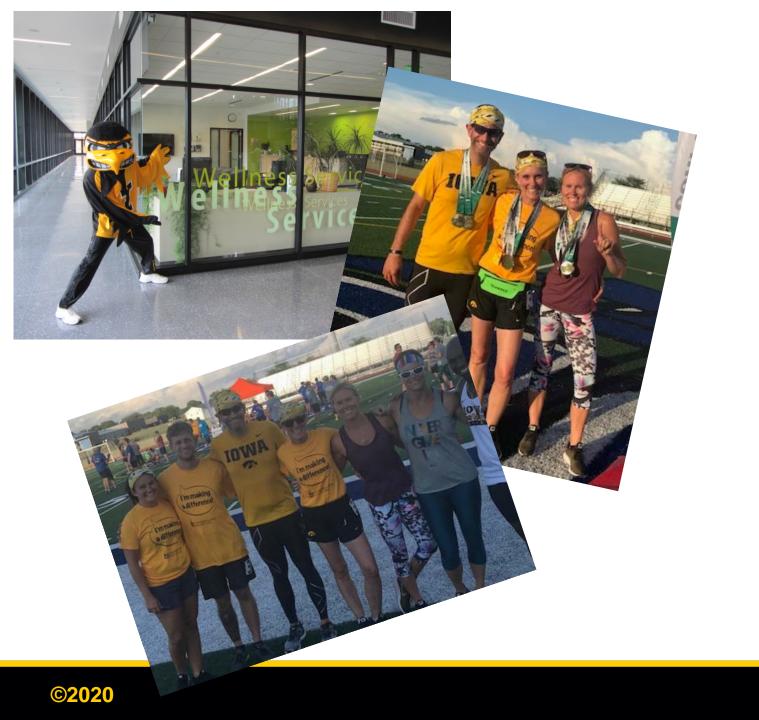


## Let's Go Hawks



- Follow Corridor Corporate Games and @UlowaLiveWELL on Social Media
- Create an account at <u>www.corridorcorporategames.org</u>
- UI Code is CCGUOFI.
- Do the Social Media Challenges, "Check In" for Events, and try to field one team-based event





# Chank you

- https://hr.uiowa.edu/corridorcorporate-games
- 319-353-2973
- https://corridorcorporategames.org/ VirtualChallenge
- @UiowaLiveWell
- <u>@UlowaLiveWell</u>
- ✓ livewell@uiowa.edu