

**ELIGIBILITY FOR STUDENT INSURANCE** 2.be registered for 5 or more credit hours each semester

Academic

Year

UNDERGRADUATE STUDENT

**HEALTH & DENTAL INSURANCE** 

All undergrad, international and health science students are required to have health insurance.



# INSURANCE PLANS AVAILABLE:



KEY TERMS Premium: Your membership fee. It's what you pay to be covered by your health insurance

Copay: flat fee owed at the time you use a covered service Coinsurance: percent billed to you after you use a covered service; or can be collected at time of service Out-of-Pocket Maximum (OPM):

most you'll pay each year for covered services

Deductible: dollar amount you pay up front before the plan starts to pay for covered services

# HOW AND WHEN TO ENROLL:

Enrolling in the SHIP and/or the student dental insurance plan(s), is an easy process that you can do online through MyUI. Follow the simple steps below:



- 🐌 Under STUDENT INFORMATION choose the + More button
  - Under STUDENT LIFE MANAGEMENT, choose "Student Insurance" link
- Choose the green button labeled "Enroll in Insurance".
- Fill out online form. Choose health and/or dental insurance, add dependents if needed.
- Read Agreement & Certification. Check the box if you agree.
- Submit enrollment to Benefits Office. Look for a confirmation email.

### our insurance cards should arrive by mail, at the address in your MyUI profile, within -3 weeks after submitting your enrollment.

#### You can enroll during **Open Enrollment or with a** qualifying event.

When you complete the form in MyUI, you will be able to choose an enrollment effective date.





For qualifying event examples, visit:

hr.uiowa.edu/benefits/benefitsoverview/changing-benefits

### WHERE TO GO FOR CARE:

#### **ON CAMPUS/Local Area**

- Call Student Health Nurseline (319) 335-9704 After clinic hours call (319) 384-8442
- Visit Student Health (319) 335-8370 Two Locations: Westlawn & Iowa Memorial Union
- **UlQuick Care** for locations visit https://uihc.org/ui-guickcare
- **ANY Blue Cross/Blue Shield Provider** Search for a medical provider: www.wellmark.com or **ANY Delta Dental of Iowa Provider** Search for a dental provider: www.deltadentalia.com

**Hospital Emergency Room** 

### **OFF CAMPUS/National Coverage**

- Call Student Health Nurseline (319) 335-9704 After clinic hours call (319) 384-8442
- ANY Blue Cross/Blue Shield Provider Search for a medical provider: www.wellmark.com or ANY Delta Dental of Iowa Provider Search for a dental provider: www.deltadentalia.com
  - Non-Participating Blue Cross/Blue Shield Provider or dentist can result in higher out of pocket costs due to balance billing
- **Hospital Emergency Room**

## HOW TO TERMINATE COVERAGE:

Coverage will be continuous unless one of the following occurs:

You have graduated or withdrawn enrollment from UI:

Your coverage will terminate at the end of the month in which you cease to be registered for classes.

#### You have obtained insurance from another carrier:

Your coverage will terminate on the last day of the month in which you gained coverage. You must log in to MyUI, submit a cancellation request, and you will be asked to provide proof of other coverage by submitting the new carrier's name and your policy information.

Note: A student wanting coverage over the summer session must either be registered for that session or registered for fall prior to the end of spring semester.



SHIP and the Student Health Fee are two different things. The Student Health Fee is included in tuition for anyone enrolled for five semester hours or more. You do not have to be enrolled in SHIP to utilize the services below.

Unlimited student office visits with a healthcare provider at no cost



Revised 7.21.2021

(c) The University of Iowa, 2021

- Public health initiatives on campus
- Fitness consultations and nutrition counseling
- Outreach health education programs and events

Find out more information at: studenthealth.uiowa.edu/info/health-fee/

### **OUESTIONS?**

Our dedicated Student Insurance team is equipped to answer any and all of your insurance questions, Mon - Fri, 8:30am-5pm.

E-mail us: benefits-students@uiowa.edu Call us: 319-335-2676 website:

hr.uiowa.edu/benefits/ui-student-insurance