FEELING BLUE?
VIRTUAL VISITS ARE HERE FOR YOU

When it comes to coping with mental health, you’re not alone. Virtual Visits can be available to you day or night all from the comfort of your home.

MENTAL HEALTH.* It’s a topic many avoid or are timid to discuss. But, according to NAMI.org (National Alliance on Mental Health):

1 in 5 adults are experiencing mental health issues. 60% aren’t receiving the treatment they need.
Comfortable, connected, confidential

As a part of your health benefits, you can connect with a licensed therapist — or psychiatrist for more complex issues — to listen and help you find solutions.

Ready when you are

Make time for you and your overall health and well-being by scheduling your Virtual Visit today.

Easily scheduled appointments — flexible to YOUR schedule.

Reviewed hand-picked, board-certified providers and their profile.

Accessible anywhere — at the office or from your home.

Private and confidential.

WANT MORE INFORMATION?

Visit DoctorOnDemand.com, or contact Wellmark customer service at the phone number listed on the back of your ID card.

*Mental health coverage includes psychiatry services and medication management along with treatment for psychological conditions, emotional issues and chemical dependency. Please refer to your coverage manual for complete benefits information.