# ISSUED July, 2007

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# SUPERSEDES

# TITLE Cardiovascular Rehabilitation Specialist I CLASSIFICATION GRADE 06

# SPECIALTY GRADE 41

### BASIC FUNCTION AND RESPONSIBILITY

Provide exercise, nutrition and nursing assessments and interpretations for all cardiac inpatients and outpatients in the Phase I, Phase II, Phase III, Prevention Programs, EECP™, and Chest Pain Center. Provide care based on interpretation of the electrocardiogram (ECG), the physiologic response to aerobic and strengthening exercise in patients, assess risk factor and evaluate the effectiveness of care, integrating exercise physiology, nutrition science, and/or nursing theory into clinical practice.

#### CHARACTERISTIC DUTIES AND RESPONSIBILITIES

Manage cardiovascular rehabilitation patient care plan for inpatients and outpatients by testing, assessing, interpreting electrocardiograms and other hemodynamic parameters on exercise equipment to prescribe safe level of activity both during cardiac rehabilitation and at home. Registered Dietitian does nutrition assessment, counseling, patient education, and prescribes nutrition regimen.

Assess patients’ risk factors and determine specific needs and interventions for modifications of case management as needed.

Communicate with the patients’ attending cardiologists, residents, fellows, internist, family practice physician, or other physician specialists, and/or nurse practitioners/physician assistants to plan care and provide assessment information to determine medical management. Participate in patient rounds to review patient status, progress, and medical record documentation.

Chart assessment findings and interpretations.

Function as a clinical teaching assistant for students and interns.

Prepare patient education booklet to explain risk factor status and modification plan for patients.

Perform other projects as assigned.

Maintain effective working relationships with faculty, staff, students and the public.

*In addition to the duties and responsibilities noted above, the position description must include statements from*[*UI Health Care Core Values (WECARE)*](https://uihc.org/mission-vision-and-core-values)*for Health Care positions or*[*Universal Competencies*](https://hr.uiowa.edu/careers/competencies/universal-competencies)*for all other positions.*

##### SUPERVISION RECEIVED

Supervision is received from a Program Director or other designated official.

##### SUPERVISION EXERCISED

Functional supervision is exercised over students, interns and support staff.

#### QUALIFICATIONS

A Bachelor’s degree in exercise science, Nursing, Dietitian or comparable, or an equivalent combination of education and experience is required.

Some (6 months - 1 year) related experience is required.

ECG Interpretation Skills at an intermediate level required.

ACLS and BCLS certification is required.

Excellent written and verbal communication skills are required.

ACE, CHES, ACSM, RECEP or CSCS certification is desirable.