

UNIVERSITY OF IOWA GLP-1 PILOT PROGRAM: PARTICIPANT

1

APPLY TO PILOT PROGRAM AT [HR.UIOWA.EDU/GLP-1-PILOT-PROGRAM](https://hr.uiowa.edu/glp-1-pilot-program)

Eligibility requirements:

- Current UI employee
- 40 BMI or greater, or 35 BMI or greater with two or more co-morbidities (see co-morbidities at hr.uiowa.edu/ui-glp-1-pilot-program)
- Actively enrolled in UI Choice or UI Select
- One of the 500 individuals randomly selected to participate in the pilot
- Complete PHA in 2024, 2025, and 2026

2

ENROLLED AND SELECTED INTO PILOT PROGRAM

All benefit eligible employees have the opportunity to enroll between 10/31/24 8 a.m. through 11/8/24 5 p.m. All completed applications received during enrollment period will be placed in a lottery to identify a random selection of 500 individuals. These participants will be placed in five cohorts of 100 participants for their initial clinical visit to occur January, February, March, April, or May.

3

SCHEDULE APPOINTMENT WITH UI HEALTH CARE PROVIDER

UI Health Care Patient Access Center (PAC) will call pilot participants to schedule first visits with pilot-approved health care providers. Participants will be assigned a month to start their clinical visits based on their participant number.

4

PARTICIPATE IN WONDR HEALTH

Participants receive access to Wondr Health, an online lifestyle management program, to support behaviors critical for weight management.

5

MEET WITH UI HEALTH CARE PROVIDER

Appointments with an approved UI Health Care Provider will occur in waves of 100 participants each month, beginning in January 2025. Follow up appointments occur at 2-months, 4-months, 8-months, 12-months, and 18-24 months. All visits can be done via telehealth besides the first and last visit.

6

HEALTH CARE PROVIDER PRESCRIBES GLP-1 MEDICATION

No GLP-1 medications prescribed for weight management will be approved outside of the GLP-1 Pilot Program.

7

APPROVAL BY EXCEPTION FROM WELLMARK IS ADDED FOR PRESCRIPTION

Medication approval is processed and added to patient account. Allow for 3-5 business days for Health Plan updates.

8

GLP-1 MEDICATION PROCESSED AND DELIVERED TO YOU BY UI SPECIALTY PHARMACY

UI Specialty Pharmacy will work directly with patients to administer medications in the best way for the patient.

Beginning Jan. 1, 2025, for approved pilot program participants, UI health plans will cover 50% of participants' medication costs until the health plan's pharmacy out-of-pocket maximum is reached.

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