



711 High Street
Des Moines, IA 50392-5450

**Principal Life
Insurance Company**

Member Rate Table Effective May 1, 2025 through April 30, 2026

Determine your monthly rates per \$1,000 using the following rate table

Employee/Spouse Portability Rates

Your rates are determined based on your age as of May 01, 2025 and gender.

Your spouse's rates are determined based on his/her age as of May 01, 2025 and his/her gender.

Age	Male	Female
15-25	0.123	0.079
26	0.127	0.082
27	0.131	0.084
28	0.135	0.087
29	0.140	0.089
30	0.144	0.092
31	0.148	0.095
32	0.152	0.098
33	0.165	0.106
34	0.176	0.113
35	0.189	0.122
36	0.202	0.129
37	0.214	0.138
38	0.233	0.149
39	0.253	0.162
40	0.272	0.174
41	0.292	0.187
42	0.311	0.200
43	0.349	0.224
44	0.386	0.248
45	0.423	0.272
46	0.461	0.296
47	0.499	0.320
48	0.560	0.359
49	0.621	0.398
50	0.681	0.437
51	0.742	0.476
52	0.803	0.516
53	0.916	0.587
54	1.028	0.658
55	1.139	0.731
56	1.252	0.802
57	1.364	0.875
58	1.514	0.970
59	1.664	1.067
60	1.814	1.162
61	1.965	1.259
62	2.115	1.356
63	2.473	1.586
64	2.832	1.815
65	3.191	2.045
66	3.550	2.275
67	3.909	2.506
68	4.707	3.018
69	5.506	3.530

Child Rate

The rate for child coverage is \$0.20 per \$1,000 of child coverage

These rates are subject to change on May 1, 2026



GP60530

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Contract State: Iowa
Portability Coverage: To Age 70

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